

EDITORIAL

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At the end of the second year of the magazine's edition, it is important to leave some results of this experience, that each new issue is intended to be better and more focused on the objectives of this area of intervention.

We know that not all rehabilitation nurses have reflected on the importance of this means of dissemination for their work; it's not only in promoting good practices, but also in the development of knowledge in the area, hence some support for their self-training. On the other hand, we know that it is difficult to expose ourselves when we write, because we have to be humble when we start a publication proposal, because other people will have different views on what we consider the best.

We have been guided by an effort to find credibility for the journal, so we follow a blind review process and we already have ISSN since the first journal and DOI since the third issue, which makes the authors' production already accessible in other databases and as well with the possibility of greater referencing.

When we look at what has been published, we identify that we have 9.43% in an integrative review article; Systematic review article 20.75%; Original article 62.26%; Theoretical study 1.89% and Professional experience report 5.66%, which guarantees us a large growth margin considering that only 28.30% of the first authors have their affiliation in schools or universities and 71.70% are from health institutions and even though 88.7% have their origin in Portugal, the rest from other countries.

We want to be a contribution in a society of knowledge and information, to the consolidation of the role of the specialist nurse in rehabilitation, as a holder of differentiated increased skills, not only in the specific knowledge they hold, but also in their skills and attitude in professional practice.

We hope that each Specialist Rehabilitation Nurse will feel invited to share their knowledge and experience in this space to demonstrate that we have significant contributions to people in their processes of promotion, prevention and rehabilitation of health states of well-being and success in their lives.

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Throughout the 4 issues of the Portuguese Journal of Rehabilitation Nursing, the quality of the scientific production produced is evident. In fact, it is only with consistent, solid and regular scientific production that the profession asserts itself.

Over time, among peers, some expressions practically gained the dimension of dogmas: that investigation is difficult, that investigating is a waste of time, or even that negative results can be obtained. Rehabilitation Nursing can only continue to assert itself through the knowledge produced, the evidence-based practice and the resolution of problems raised by concerns.

We know that much of this work has been produced as a result of work carried out in the context of obtaining an academic degree. Now, all Rehabilitation Nurses have an added responsibility: to develop research projects in the context of daily professional activity. Continuing to investigate is a demonstration of permanent dissatisfaction and the constant search for answers. For this, we have preferential conditions to continue to do so: we solve problems every day and use the scientific method several times during this decision-making process.

To facilitate this search for answers, it is important to systematize and target assessments and interventions. This systematization and objectification can include the presentation of examples of good practices, case reports, reflections on the interventions of the profession, simple drawings, practical situations that help to respond to everyday problems or, in a more elaborate way, by randomized clinical trials that help to validate a particular device or intervention. If the focus is on the method and not the result, the production of new knowledge in Rehabilitation Nursing will be a natural consequence.

Therefore, it will be crucial to continue to develop more studies in the specific competence areas of Rehabilitation Nursing.

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